

POST PERISHABLE SKILLS PROGRAM (PSP)
III – ARREST & CONTROL
BEAR VALLEY POLICE DEPARTMENT – 1198
CCN: 29503 – POST Certification II – 4 Hours

COURSE GOAL:

This course will provide the trainee with the minimum topics of Arrest and Control required in the POST Perishable Skills Training Program (PSP). The trainee will develop the necessary tactical knowledge and skills to safely and effectively arrest and control a suspect.

ARREST AND CONTROL

Minimum topics/exercises:

- a. Policies, legal standards, and report writing
- b. Use of force considerations
- c. Safety orientation and warm-up(s)
- d. De-escalation/verbal commands
- e. Body balance/stance/movement patterns
- f. Searching/handcuffing
- g. Equipment/restraint device(s) use
- h. Subject's actions and officer's response to resistance
- i. Control/takedown
- j. Class exercises – student evaluation/testing
- k. Recovery/first aid (as applicable)

COURSE OBJECTIVES

The trainee will:

1. Demonstrate knowledge of their individual department arrest and control policy and current case law.
2. Demonstrate knowledge of the importance of mental and physical conditioning as it relates to effective arrest and control techniques.
3. Demonstrate a minimum standard of arrest and control skills with every technique and exercise, to include:
 - a. Judgment and decision making
 - b. Officer safety
 - c. Body balance, stance, and movement
 - d. Searching/handcuffing techniques
 - e. Control holds/takedowns

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- f. De-escalation/verbal commands
- g. Effectiveness under stress conditions

Minimum standards of performance shall be tested by an instructor observing the trainee during their performance of each technique and exercise. If the trainee does not meet minimum standards, as established by the presenter, remediation will be provided until the standard is met.

EXPANDED COURSE OUTLINE

- I. REGISTRATION AND ORIENTATION
 - A. Introduction, registration, and orientation
 - 1. Instructor and trainee introductions
 - 2. Course roster
 - 3. Facility overview
 - B. Course objectives/overview, exercises, evaluation/testing
 - 1. Course objectives
 - a. Judgment and decision making
 - b. Officer safety
 - c. Stance, balance, and movement
 - d. Searching/handcuffing techniques
 - e. Control holds/takedowns
 - f. De-escalation/verbal commands
 - g. Effectiveness under stress conditions
 - 2. Safety policy overview
- II. USE OF FORCE POLICIES AND LEGAL ISSUES (a, b)
 - A. Federal standards
 - 1. The fourth amendment
 - 2. Graham v. Connor
 - a. Objective reasonableness
 - b. Totality of circumstances
 - c. Graham factors

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3. Tennessee v. Garner
 - a. Deadly force used on a fleeing felon is unconstitutional
- B. State legislation
 1. AB 392
 - a. PC 835a
 - Retained US Supreme Court legal doctrine
 - Eliminated “fleeing felon” statutory language
 - Adopted language from civil liability court decisions and jury instructions
 - Deadly force shall not be used against suicidal subjects who pose no imminent public threat
 - “Imminent” deadly threat defined (AOI)
 - b. PC 196 “Justifiable homicide” per PC 835a
 2. AB 490
 - a. GC 7286.5(a)
 - No carotid restraint/choke hold
 - No positional asphyxia
 - b. GC 7286.5(b) – definitions
 3. SB 230
 - a. Use of force policy updates per GC 7286
 - “Deadly force” defined
 - “Excessive force” defined
 - “Feasible” defined
 - 1 – 23: Agency use of force policy minimum standards
 - Force used must be “proportional” to the crime/resistance
- C. Local practices
 1. Agency use of force policy
 - a. Force defined?
 - b. Is drawing/pointing a firearm considered a use of force?
 - c. Proportionality defined?
 - d. Is use of force authorized for uncooperative WIC 5150 subjects?
 - e. How does your agency handles calls involving a suicidal subject?
 - f. Requirements to render aid and document after a use of force?
- D. Report writing
 1. Procedures for documenting use of force incidents
 2. Articulation of events
 - a. BWC review

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3. Documentation of injuries/aid rendered

III. SUBJECT ACTIONS AND OFFICER'S RESPONSE

(h, j)

A. Subject actions/levels of resistance

1. Compliant
2. Passive resistance
3. Active resistance
4. Assaultive resistance
5. Life-threatening resistance

B. Officer's response to resistance

1. No force
2. Non-deadly force
 - a. Control holds
 - b. Takedowns
 - c. Restraint devices
3. Intermediate force
 - a. Personal body weapons
 - b. Impact weapons
 - c. Control devices
 - Taser
 - OC spray
 - Less lethal options
4. Deadly force
 - a. Firearms
 - b. Intermediate force options at non-target areas

C. Video exercise(s) – group discussions

1. Groups answer the following questions:
 - a. Was the detention based on reasonable suspicion or probable cause?
 - b. What was the subject's level of resistance?
 - c. Was the level of force used reasonable?
 - d. What alternative techniques/tactics could have been used?
 - Safety
 - Awareness
 - Balance
 - Control

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- Controlling force
- Proper techniques
- Verbal commands/simple instructions
- Other options

D. Concepts/tactics to gain advantage

1. POA – Position of Advantage (concept v. position)
2. ACT – Advantage. Control. Transaction
3. SID – Safety. Investigation. Decision
4. Tactical zones: (red, yellow, green)
5. Tactical spectrum rubric

IV. SAFETY ORIENTATION AND WARM-UP

(c)

A. Review of safety plan and injury precautions

1. Review safety plan
2. Emergency exits/route
3. AED/med kit location
4. Avoiding injury

B. Warm-up

1. Mental preparation
2. Stretching
 - a. Dynamic
 - b. Static

C. Fit for duty discussion

1. Common issues
 - a. Limited mobility
 - b. Joint/back injuries
 - c. Fatigue/lack of stamina
 - d. Overexertion
 - e. Gastrointestinal issues
 - f. Cardiovascular disease
 - Heart attack
 - Stroke
2. How to reduce individual's risk
 - a. Nutrition/supplementation
 - b. Lifetime fitness
 - c. Routine health care

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- d. Reducing exposure to sedentary positions
- e. Work-life balance
- 3. Individual considerations
 - a. Pre-existing injuries/physical limitations

V. OFFICER AWARENESS/TACTICAL CONSIDERATIONS (e, h, j)

- A. Initial approach
 - 1. Distance + cover/concealment = position of advantage
 - 2. Visual scan
 - a. Hands, waistband, and eyes
 - Weapons/bulges
 - Blading/guarding
 - Staring/facing/moving: away from or towards
 - Unnatural gate/clothing swinging
 - Clinching/tensing/sweating
 - 3. Footing/balance
- B. Tactical considerations
 - 1. Subjects, associates, and officers
 - 2. Escape routes/tactical repositioning

VI. STANCE, BALANCE, AND MOVEMENT (e, j)

- A. Field interview stance
- B. Footwork
 - 1. Shuffle forwards/backwards/side-to-side
 - 2. Pivoting
- C. Movement exercise – “Zombie Drill”
 - 1. Angle of deflection/deviation
 - 2. Hips forward movement/arcing
 - 3. Accessing equipment
- D. Falling/recovery
 - 1. Tactical fall
 - 2. Accessing equipment
 - 3. Tactical getup

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VII. SEARCHING/HANDCUFFING (f, g, k, j)

A. Searching

1. Visual search (plain view)
2. Pat down (“Terry”)
3. Consensual
4. Probable cause (specific)
5. Probation/parole
6. Custodial (complete search)

B. Handcuffing techniques

1. Equipment/placement
2. Standing position
 - a. One-Officer technique
 - b. Two-Officer technique
3. Kneeling position
4. Prone position
 - a. Minimize actions that could lead to positional asphyxia
 - b. Alternative placement
 - c. Positions of recovery

VIII. CONTROL HOLDS/TAKEDOWNS (i, j)

A. Control Holds

1. Joint manipulation

B. Takedowns

1. One-Officer
2. Two-Officer
 - a. Non-handcuffed
 - b. Handcuffed
 - Standing position
 - Seated position

C. Assess for officer/suspect injuries

1. Render first aid and/or request additional medical resources
2. Document

D. Disengagement from resistance at close quarters

1. Seek to gain advantage (i.e. high-percentage technique/tactic)
2. Two-Officer movements (unified field)

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- IX. DE-ESCALATION OF FORCE (d, g, i, j)
- A. Verbal commands
 - 1. Tone of voice
 - 2. Gain voluntary compliance
 - 3. Single communicator
 - B. Threat assessment
 - 1. Ability
 - 2. Opportunity
 - 3. Intent
 - 4. Recognize when to escalate v. de-escalate
 - a. Feasibility of options
 - Officer identification/commands/use of force warning
 - De-coupling
 - Mental health professionals/CNT
 - Less-lethal force options
 - C. Tactics
 - 1. Distance/Cover/Concealment
 - 2. Advantage: positional, numerical, arsenal, etc.
 - 3. Develop a contingency plan(s)
- X. STUDENT RECOVERY (k)
- A. Cool down
 - B. First aid
- XI. TESTING/REMEDICATION (j)
- A. Written test (graded) – true/false/multiple choice questions
 - B. Scenario exercise(s) – Two-Officer response
 - C. Individual remediation and re-testing as necessary

Testing: Any trainee scoring below standard on any exercise, as established by the presenter, will remediate/be tested until competency is demonstrated to the satisfaction of the presenter.

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Recommended topics for learning activities, facilitated discussions, and scenarios:

- a. Traffic stop
- b. Pedestrian stop
- c. Consensual encounter
- d. Disruptive/defiant student
- e. Fight in progress/public disturbance
- f. Fleeing suspect (foot, vehicle, etc.)
- g. Creating your own exigency
- h. Excessive/potentially excessive force (duty to intercede)
- i. Unnecessary force (duty to intercede)
- j. Crowd management/control
- k. Mental health crisis
- l. Person(s) with disability
 - Autism
 - Hearing impaired
 - Non-verbal
 - Amputee
 - Wheelchair
 - Other disability not listed
- m. Alleged suspicious person(s)
- n. Alleged shoplifter
- o. Domestic violence
- p. Language/cultural barriers
- q. Implicit/explicit bias
 - Officer bias
 - Community bias
 - Organizational bias
- r. Articulation and report writing
 - Review of body worn camera and/or in-car camera video(s)
- s. Courtroom testimony